



good/energy

# Athlete of the Month



## JOHN KLEINERT #7: RAMAPO HIGH SCHOOL - DEF.

Congratulations, John! "Hard Work, Pays Off!" May's Athlete of the Month led Ramapo H.S.'s lacrosse team to their first Group 2 State Championship defeating Montgomery 12-10. John is an aggressive defenseman who had to work hard to maintain Ramapo's run through the latter part of the season by being the true leader for the Green Raiders when attacker Chris Hogan was injured during a hard-fought victory over Ridgewood.

Kleinert, a Franklin Lakes native, has performed PRE-SEASON Strength Training & Conditioning at GOOD ENERGY prior to Football and Lacrosse the past two years. John chose GOOD ENERGY because of its reputation in developing young athletes to become stronger, faster and more athletic. John's commitment to the GOOD ENERGY program has made him more powerful and explosive on the field.

John also excels in the classroom maintaining an "A" average and will attend Williams College next year where he will continue his academic endeavors. On May 17th, John was honored at Giants Stadium as a recipient of the National Football Foundation & College Hall of Fame Bergen County Scholar-Athlete. In addition, John was recently selected as a member of the North team in the Bergen County All-Star game that was played on Friday, June 9, 2006. Following his lacrosse season, John was awarded First Team All-State defense in lacrosse.

John, your future is bright and GOOD ENERGY wishes you the best of luck!

GO GOOD ENERGY!



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