



GOOD ENERGY
good energy

Athlete of the Month



TAYLOR BARRISE #11 NORTHERN HIGHLANDS – GUARD

CONGRATULATIONS, TAYLOR! “Hard Work, Pays Off!” *December's Athlete of the Month* led **NORTHERN HIGHLANDS** in scoring with 13 points, 6 rebounds per game and 25/28 in free throw shooting as of January 11, 2006. Only a sophomore, **TAYLOR** has made an immediate impact on the varsity through his hard work, passion for the game and intense desire to succeed.

TAYLOR performed **PRE-SEASON Strength Training & Basketball Specific Conditioning** 3 sessions per week at **GOOD ENERGY** in the *Summer and Fall of 2005*. **NORTHERN HIGHLANDS** Head Basketball Coach, Mike Stone was enthusiastic talking about **TAYLOR** saying;

“TAYLOR worked extremely hard improving his game prior to this season and earned a starting position for us because of his ability to shoot, rebound, handle the ball, and play solid defense. TAYLOR knows his role and is very coachable. TAYLOR is not only a respectful kid, but a model student-athlete because he transfers his success on the basketball court to the classroom where he is a straight “A” student.”

TAYLOR, your future is bright and **GOOD ENERGY** wishes you the best of luck!

GO GOOD ENERGY!



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